

**COMMUNITY SERVICES DEPARTMENT
SENIOR & FAMILY SERVICES**

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CITY OF REDONDO BEACH CALIFORNIA

July 2016

ASSISTED LIVING AND RETIREMENT FACILITIES

REDONDO BEACH - SOUTH BAY

This guide is published by the City of Redondo Beach, Community Services Department, Senior and Family Services. The guide is designed to provide interested persons with information about the available assisted living and retirement facilities in Redondo Beach and the surrounding communities.

This guide is a basic list of assisted living and retirement facilities and does not imply endorsement. The listings are not all-inclusive and are reported as accurately as possible for your use and establishment of effective references. Failure to list an assisted living facility implies no criticism.

A periodic update will be available. To inform us of corrections, additional information or changes of address or telephone number please call 310-318-0650.

City of Redondo Beach
COMMUNITY SERVICES DEPARTMENT
Senior and Family Services
1922 Artesia Blvd
Redondo Beach, CA 90278

310-318-0650 Voice
310-798-8273 Fax

For a complete listing of our resource guides for seniors, please visit our website at:

www.redondo.org/senior

What is Assisted Living?

Assisted living facilities provide a combination of housing and personalized health care in a professionally managed group-living environment designed to respond to the individual needs of persons who require assistance with activities of daily living (ADL) *.

This type of facility is specifically designed to promote maximum independence and dignity in the most residential and homelike setting possible. It may be all or part of a building that houses a few or several hundred persons, or a distinct part of a residential campus. It traditionally serves the frailer resident who cannot or chooses not to live alone, but who does not require the 24-hour skilled or custodial care of a nursing home.

Generally, residents of this type of housing pay privately in the form of rent, rent plus service charge, and sometimes a deposit or entry fee. In some states, Medicaid will pay for certain *ADL services under home and community-based service waivers. *Medicaid/MediCal will not pay for room and board charges.* Private long-term care insurance may also be used for some of the provided services.

Licensing of this housing type varies by state, depending upon each state's own regulatory requirements. These facilities sometimes are called residential care homes, domiciliary care homes, personal care homes, adult congregate living facilities, homes for the aged, catered living facilities or board and care homes.

Questions to ask when selecting an assisted living facility

- How many levels of care do you have and how are they categorized?
- Aside from the monthly fee, are there other costs?
- What is included in the monthly payment?
- What happens when you (or family member moving into the facility) run out of money? Do you accept state funding? If not, what happens then?
- How many nurse's aides are scheduled on each shift? On the weekends? What is the ratio of caregivers to residents?
- Is transportation provided? Is it included in monthly fee?
- What are your limitations regarding the needs of a resident?
- Are wheelchairs allowed?
- Is oxygen allowed?
- Are incontinent residents accepted?

* Activities of daily living (ADL): Activities usually performed for oneself in the course of a normal day. Although definitions differ, ADLs are usually considered to be mobility, such as transfer from bed to chair; administering medications; self-feeding; dressing, bathing, and toileting.

What is an Independent Living Retirement Community?

Generally, this community is designed architecturally to be compatible with an older person's lifestyle, but offers no specific services beyond shelter, recreational activities, and security. Most communities offer a variety of social activities and programs in an on-site clubhouse such as golf, tennis, swimming, and other social amenities.

Structurally, an independent living retirement community can be built as single-family detached units, duplexes, mobile homes and other types of senior-oriented low-density developments, or it can include apartment buildings and condominiums designed for older persons. It typically does not provide meals or other basic services.

Communities vary from independent ownership of units to monthly rentals depending on the individual community. While most are composed of private pay market-rate units, some rental apartment buildings may be subsidized.

Independent living retirement communities are also sometimes called retirement villages and communities, leisure or adult communities, residential apartments, and residential villages.

Questions to ask at an Independent Living Retirement Community:

- Are there any up-front costs?
- What services are included in monthly fees?
- What happens if you (or family member moving into the facility) run out of money?
Does your facility accept state funding?
- What happens when resident needs additional care?

What is a graduated care facility?

Graduated care facilities, also known as continuing care retirement communities (CCRC) and life care communities, generally require that an individual be able to live independently upon becoming a resident in the community. As a resident begins to need more assistance, specific additional services are made available. Most graduated care facilities offer three basic levels of housing on an as needed basis: fully independent living; assisted living (personal care services); and skilled nursing care.

The basic idea of graduated care is that once someone becomes a resident, they never have to move again because any housing type and personal care services they will probably ever need are provided within the single campus setting. Graduated care guarantees housing and care across the continuum in that one community.

Graduated care facilities usually charge an entrance fee as well as a monthly payment for their residential, leisure and nursing services. In some cases, health care and personal care services can be paid for on an as needed basis. The entrance fee, formerly nonrefundable, now is generally refundable upon departure under a variety of specified conditions.

Basically, there are three types of graduated care facility contracts:

- ***Extensive contract:*** Covers shelter and residential services, amenities (e.g., swimming pool, possibly tennis courts and other types of recreation facilities), and unlimited long-term nursing care. The entrance fees and the monthly costs are usually higher than those under modified or fee-for-service contracts.
- ***Modified or fee-for-service contract:*** Provides shelter, residential services and amenities, plus a specified amount of nursing care, which residents can obtain on an unlimited basis provided they pay for it at a daily or monthly nursing care rate.
- ***Fee-for-service continuing care contract:*** Covers shelter, meals, residential services and amenities, and in addition emergency and short-term nursing care. Access to long-term nursing care is provided only upon a daily nursing care rate.

*FOR PRIVATELY OWNED HOUSING SALES AND RENTALS
CHECK LOCAL NEWSPAPER CLASSIFIED ADVERTISEMENTS*

REFERRAL INFORMATION

A Better Care for You L.L.C.

22521 Redbeam Avenue

Torrance, CA 90505

Contact: Maria Cantoria

310-500-7223

License # 198602269

FREE Consulting and Referral/Placement Agency for elders and caregivers.

Alternative for Seniors Information Center

888-932-7747

Monday – Friday, 8 AM – 8 PM

The new **Alternative for Seniors Information Center** will provide assistance to families with determining the level of care or service needed, and direct them to the facility or service that best meets their individual needs.

Our knowledgeable Information Specialists are committed to helping families sort through their many options, based on the personal needs, whether moving soon or planning for the future.

Always Best Care South Bay

21250 Hawthorne Blvd. #500

310-346-2005

Contact: Mark Wecker

Email: mwecker@abc-seniors.com

www.alwaysbesthomecare.com

Always Best Care South Bay provides seniors and families with information and referrals to Independent Living, Assisted Living and Board and Care communities, as well as Alzheimer's homes. Each community is individually toured and evaluated. Seniors are personally matched to appropriate communities based on care needed, budget and location. Families are then escorted to each location, bringing clarity and wisdom to a most important family decision. **Service is FREE**

A Caring Home for Seniors

310-617-0951

Contact: Chris Wall

acaringhomeforseniors@yahoo.com

A Caring Home for Seniors provides free referrals to families searching for senior Assisted Living/Board and Care homes. Each home is personally visited and assessed in meeting the daily needs and challenges associated with caring for their senior residents in an environment providing compassion, dignity and respect. Personalized placement plans are focused on your loved one's level of care including Alzheimer's/Dementia, Hospice Care and Ambulatory/Non-Ambulatory conditions.

A Place for Mom/Eldercare Referral Agency

855-382-8283

Contact: Amy Prout

aprout@aplaceformom.com

Contact: Gail Barrick

gbarrick@aplaceformom.com

A Place for Mom is a **free referral service** helping families find nursing homes, assisted living, Alzheimer's care, retirement communities, home care, and other senior care options. Our experienced **Eldercare Advisors** have assisted thousands of families with the difficult task of selecting senior care.

California Registry

P.O. Box 5202

Santa Monica, CA 90405

800-777-7575

www.calregistry.com

Free public service licensed by State of California, Department of Health Services, will provide referral information about short- or long-term housing in assisted living, retirement, and nursing homes – all levels of senior care. Information and referral is state-wide. Call toll-free number for referrals.

Info Line for LA County

211

Connections Referral Service, Inc.

2658 Griffith Park Boulevard
Suite 224
Los Angeles, CA 90039
800-330-5993
www.carehomefinders.com

Free service to provide information and referrals for retirement, assisted living, nursing and Alzheimer's homes. Each home is personally visited and evaluated in terms of atmosphere, quality and level of care, staffing, experience of administrator and more. Serves Los Angeles and the surrounding communities. Call Jason for further information.

FirstLight HomeCare of SouthBay

3655 Torrance Blvd., #300
Torrance, CA 90503
424-704-5330
LRoberts@FirstLightHomecare.com

Free to South Bay area, public service includes referrals and information on Assisted Living, Board and Care, Dementia/Alzheimer's and Retirement facilities, or when homecare is not an option. Many facilities available at differing need levels.

Gentle Transitions

1726 Manhattan Beach Boulevard Suite G
Manhattan Beach, CA 90266
800-619-3049
310-937-1023 (local number)
www.gentletransitions.com
ezmove@gentletransitions.com

Helps plan, coordinate and supervise all aspects of a move from hiring the mover and hanging pictures on the walls. Fees are on an hourly basis and vary depending on the size of your move and the assistance you want. Initial consultation can be arranged at your convenience.

Helping Hands Foundation

Kind Heart Home Care

818-279-6580
Info@helpinghandsla.org

Helping Hands talks to seniors and or their families about the resources their community has to offer. The service is free.

ASSISTED LIVING AND RETIREMENT FACILITIES:

Adorable Homes 2, Inc.

20545 Madison St
Torrance, CA 90503
Contact: Maria Contoria
310-500-7223
License # 197608050

Rates & Capacity:

- Private duty care services; Private/Shared: \$3,500/\$2,500
- Hourly: \$16/hr; daily: \$180/day (rates are based on level of care)

Other:

- Brand new home for the elderly, 5-10 minutes away from Little Company of Mary and Torrance Memorial hospital
- Basic services: meal preparation, housekeeping, laundry, assistance with grooming, dressing, bathing and medication management.
- Daily exercise, continuous observation and care, monitoring of medical and dental appointments. Notification to family of client's needs or changes.

Adorable Redbeam Home

22521 Redbeam Avenue
Torrance, CA 90505
Contact: Maria Contoria
310-500-7223
License # 198602269

Rates & Capacity:

- Private duty care services; Private/Shared: \$3,500/\$2,500
- Hourly: \$16/hr; daily: \$180/day (rates are based on level of care)

Other:

- Brand new home for the elderly, 5-10 minutes away from Little Company of Mary and Torrance Memorial hospital
- Basic services: meal preparation, housekeeping, laundry, assistance with grooming, dressing, bathing and medication management.
- Daily exercise, continuous observation and care, monitoring of medical and dental appointments. Notification to family of client's needs or changes.

A Helping Hand RCFE

4848 W. 134th Place
Hawthorne, CA 90250
310-489-2764

www.SueHelpingHandsForSeniors.com

Rates & Capacity:

- Private room, \$4,900 – 4 rooms
- Semi-private room, \$4,650 – 1 room, 2 people

Other:

- Beautiful, modern, and bright family home in Wiseburn with private bathrooms and adjustable beds.
- Highly experienced staff with no turnover
- Owner on site daily, 5 minutes away from Beach Cities
- We also service those with dementia, incontinence, non-ambulatory, ambulatory, and hospice care.
- Check out on Yelp.

Americare Assisted Living

15422 Roselie Avenue
Lawndale, CA
310-422-5364

2420 Rockefeller Lane
Redondo Beach, CA
Contact: Leia Dimalanta

www.americarehomes.com

Rates & Capacity:

- Per care bases; private and semi-private; capacity of 6 persons; please inquire.

Other:

- Both facilities are new and located centrally in Redondo Beach and minutes from Manhattan Beach, Torrance, and Gardena.

Angel Care

627 N. Paulina Avenue
Redondo Beach, CA 90277
310-372-0674

Rates & Capacity; minimum rates are:

- Private: \$4,100-\$5,000/month
- Rates depend on the level of care

Other:

- Assistance with daily living, activities, medication, and incontinent care
- Transportation to medical appointments, in home activities & entertainment provided

Arlington Post and Brightwater Guest Homes

310-533-1131 (all facilities)

Arlington Post Senior Care

1433 Post Avenue
Torrance, CA 90501

Rates & Capacity:

- Private: \$4,500/ month; semi private \$ 3,000 +/-month;
6 beds
- Rates depend on level of care

Palos Verdes Estate Manor

3916 Palos Verdes Drive, North
Palos Verdes Estates, CA 90274

Rates & Capacity:

- Private: \$5,000 +/-month; semi-private: \$4,500 +/-month; 6 beds.
- Rates depend on level of care

Other:

- Ages 60 and up. Also runs additional guest homes in the South Bay; call for addresses.

At Home Eldercare

2054 W 238th Street
Torrance, CA 90501
310-483-6965

Rates & Capacity:

- Private: \$3,500/month -- \$5,500/month; rates depend on level of care; capacity of 6 persons

Other:

- Assistance with living activities such as bathing, grooming, and dressing
- Medication assistance, incontinence support, scheduling of appointments arranged transportation provided to doctor's appointments
- Wellness checks when necessary, personal laundry service and additional care available

Aunt Mona's Care Home

2522 Sunnyside Ridge Road
Rancho Palos Verdes, CA 90275
310-833-3131

Rates & Capacity:

- Private: Starts at \$5,000/month; capacity of 6 persons
- Rates based on level of care

Other:

- Top rated facility in Palos Verdes, beautiful homes with panoramic views, 24-hour care, furnished rooms, ambulatory and non-ambulatory, meals, bathing, dressing, medications, activities, laundry
- Full care, visiting nurses, therapist, and doctor transports
- Dementia & hospice waivers, licensed for growing needs so you never need to go elsewhere

Belmont Village Assisted Living of Rancho Palos Verdes

5701 Crestridge Road
Rancho Palos Verdes, CA 90275
310-377-9977
www.belmontvillage.com

Rates & Capacity:

- Please call for rate information; capacity of 136 persons

Other:

- Licensed nurse on site around the clock, medication management, chef-prepared restaurant style dining
- Free scheduled transportation daily, fitness, and social activities
- Housekeeping and laundry, assistance with daily living, short-term stays available
- Program specifically designed for mild cognitive impairment, separate and secured Alzheimer's neighborhood

Brickstone Manor

20551 Madison Street
Torrance, CA 90503
310-251-2382

Rates & Capacity:

- Private: 4,500/month; capacity of 6 persons

Other:

- Call for additional information

Carson Retirement Center

345 E. Carson Street
Carson, CA 90745
310-830-4010
310-835-3998 (fax)

Rates & Capacity:

- Private: \$1,958 +/-month; semi/shared bath: \$1,600 +/-month; SSI availability; capacity of 230 persons
- Dementia Rates – Private: \$3,750/month; shared: \$2,550/month

Other:

- Accepts Wheelchairs, walkers allowed, registered dietitian available
- Depend on level of care

Centinela Assisted Living Center

1000 S. Flower Street
Inglewood, CA 90301
310-674-3216

Rates & Capacity:

- Private: \$1,275/month; SSI: \$982/month; capacity of 92 persons
- Semi Private: \$1,014/month

City View Manor (2 locations)

22 Cayuse Lane
Rancho Palos Verdes, CA 90275

28215 Palos Verdes Drive East
Rancho Palos Verdes, CA 90275

310-809-7868
Contact: Naomi

Rates & Capacity:

- Private: \$4,000-\$4,300+/month; semi-private: \$3,500+/month; capacity of 11 persons

Other:

- Two homes specializing in dementia patients; call for additional information
- Rates depend on level of care.

Emerald Isle Assisted Living Homes

Contact: Laura Martz
310-351-7075

28016 Calzada Drive
Rancho Palos Verdes, CA 90275

27651 Tarassa Drive
Rancho Palos Verdes, CA 90275

6607 El Rodeo Road
Rancho Palos Verdes, CA 90275

27781 Hawthorne Blvd.
Rancho Palos Verdes, CA 90275

Rates & Capacity:

- Private: \$4,500 – 5,500/month; 2 bed: \$3,500+/month; capacity of 6 persons at each house. Depends on level of care.

Other:

- Takes active as well as Alzheimer's disease and other types of dementia; has Dementia and Hospice Waiver.
- Wheelchairs accepted.

Evergreen Haven

2513 West 168th Street
Torrance, CA 90504
310-532-8016

Rates & Capacity for Evergreen Haven and those listed below:

- Private: \$3,000/month; capacity of 6 in each home
- Other: Owner has many other homes, call for information
- Fees are flexible, based on the need of the individual

Brentwood Villa
17004 Atkinson Avenue
Torrance, CA 90504

Golden Seasons
1116 Cerise Avenue
Torrance, CA 90503

Golden Sunset Haven
17104 Wilkie Avenue
Torrance, CA 90504

Morningside Terrace
17219 Atkinson Avenue
Torrance, CA 90504

Royal Palms Villa
17419 Elgar Ave.
Torrance, CA 90504

Summerland Manor
17708 Crenshaw Boulevard
Torrance, CA 90504

Fonthill Gardens Inc.
14103 Fonthill Avenue
Hawthorne, CA 90250
310-973-7242
424-297-6865 (cell)
fonthillinc@yahoo.com
www.khancare.com

Other:

- Takes all challenged patients; spinal cord injury, dementia and bi-polar, accepts hospice care
- Ages 60+
- Approved by Veteran Administration

Khan Care Gardens Inc
19206 Entradero Avenue
Torrance, CA 90503
310-801-3767

Rates & Capacity: (Also applies to Fonthill Gardens Inc.)

- Private: \$3,800/month depending of level of care; semi-private: \$2,000 to \$2,500/month; capacity of 6 persons

Other:

- Ages 18-59
- Takes traumatic brain injury, spinal cord injury, dementia and bipolar.

Gardena Retirement Center
14741 S. Vermont Avenue
Gardena, CA 90247
310-327-4091

Rates & Capacity:

- Capacity of 108 persons
- Rates depend on floor and level of care

Other:

- Extensive assisted living located adjacent to nursing home
- Will accept SSI, but limited availability
- Serves Japanese food

Golden Care Living

2052 Redondela Dr
Rancho Palos Verdes, CA 90275
310 989-1941
Contact: Angie

Rates & Capacity:

- Private: \$3,500-\$4,500/month; shared: \$2,500 -- \$3,500/month; capacity of 6 persons

Other:

- Seven other locations; call for more information
- Rates depend on the level of care

Harbor Terrace Retirement Community

435 W. 8th Street
San Pedro, CA 90731
310-547-0090
Contact: David (after 10:00am)

Rates & Capacity:

- 1 bedroom \$4,750/month for 1 person, \$5,459/month for 2 people (\$700 for 2nd person); studio: \$3,250/month; capacity of 85 persons

Other:

- Opened in 1990; private kitchenettes
- Two levels of care: independent and assisted living
- Two recreational programs available: own private programs
- Program coordinator
- Free underground parking, transportation to medical appointments and errands, shopping within walking distance

Harbor Tower, Retirement Facility

340 S. Mesa
San Pedro, CA 90731
310-831-8981

Rates & Capacity:

- HUD subsidized; capacity of 178 persons; currently filled: call for information regarding the waiting list.

Other:

- Call for further information
- Retirement facility, age requirements of 62 years and older

Hickory Care

1308 Hickory Ave.
Torrance, CA 90503
310 989-1941

Rates: \$4,000-\$5,500

Other:

- Seven other locations; call for more information
- Rates depend on the level of care

Huntington Residential Retirement Hotel

20920 Earl Street
Torrance, CA 90503
310-370-5828
(Main Building)

The Garden

Rates & Capacity:

- Fees vary with individual needs; capacity of 155
- Call for info

Lawndale Home

4147 W. 162nd Street
Lawndale, CA 90260
Contact: Edith Ramirez
424-201-9591

Rates & Capacity: Call for more information

Other: A residential facility for the elderly

Pacific Sunrise Home 1

6917 Beechfield Drive
Rancho Palos Verdes, CA 90275
Contact: Maria Cantoria
310-500-7223
424-777-8707
License # 198602138
www.pacificsunrise.com

For rates & capacity: See Pacific Sunrise Home 2

Pacific Sunrise Home 2

28122 Lomo Dr.
Rancho Palos Verdes, CA 90275
Contact: Maria Contoria
310-500-7223
310-424-8602
License#: 198602139
www.pacificsunrise.com

Rates & Capacity: Applies to all facilities

- Private duty care services shared/private: \$2,800 to \$4,000; half hourly & daily rates: \$120 ½ hour and \$220/day; rates are based on level of care

Other: (Applies to Pacific Sunrise 1, 2 & 3)

- New home for the elderly close to Little Company of Mary and Torrance Memorial Hospital
- Basic services: meal preparation, housekeeping, laundry, assistance with grooming, dressing, bathing & transfer
- Medication management, daily exercise, monitoring of medical and dental appointments; continuous observation and care
- Notification to family of clients needs or changes
- Please visit us anytime

Pacific Sunrise 3

28128 Lomo Dr.
Rancho Palos Verdes, CA 90275
Contact: Maria Cantoria
License # 198601919
310-500-7223
Email: pacificsunrisehome@gmail.com
For rates & capacity: See Pacific Sunrise Home 2

Palos Verdes Villa Retirement Center

29661 S. Western Avenue
Rancho Palos Verdes, CA 90275
310-547-9941
310-547-9565 (fax)
Contact: Seth Binstock

Rates & Capacity:

- Private with patio/bath: \$2,850/month, without patio: \$2,400/month (prices vary by size and location); 2 bed (shared): \$1,700 per person/month; capacity of 116 persons

Other:

- Services are available for all residents
- Walkers allowed, free transportation to local area appointments
- Call for fees and additional services

Rosecrans Villa

14110 Cordary Avenue
Hawthorne, CA 90250
310-675-9163

Rates & Capacity:

- Private: Starts at \$2,500; semi-private: \$1,034 per month

Other:

- Walkers and wheel chairs allowed.

Royal Assisted Living

4925 Avenue B
Torrance, CA 90505
310-483-6962

Rates & Capacity:

- Private: \$3,500/month -- \$5,500/month; rates depend on level of care; capacity of 6 persons

Other:

- Assistance with living activities such as bathing, grooming, and dressing
- Medication assistance, incontinence support, scheduling of appointments arranged transportation provided to doctor's appointments
- Wellness checks when necessary, personal laundry service and additional care available

Serenity Guest Homes III

“Family Owned, Family Care”

1080 Via La Paz
San Pedro, CA 90732
310-985-1059 (cell)
310-547-9607 (fax)
License #: 198204489

Lolita Espritu Licensee/Owner

Rates & Capacity:

- Private: \$3,500+/month; semi-private: \$2,500+/month

Other:

- Located close to shopping malls, parks, churches, senior citizen's center, and Little Company of Mary Hospital (in San Pedro)
- State licensed, residential facilities
- Provides live-in care for the elderly

Santa Fe Home Care

2340 Santa Fe Avenue
Torrance, CA 90501
310-989-1941 (cell)

Rates and Capacity: Has several locations with varying rates. Call for more information.

Silverado Senior Living

514 N. Prospect Avenue
Redondo Beach, CA 90277
310-896-3100
www.silveradocare.com

Rates & Capacity:

- Private pay all inclusive; low acuity or high acuity one inclusive price. Call for rates; capacity of 120 persons

Other:

- Medical model assisted living
- Secured environment, beautiful ocean, and city views
- We specialize in memory impairment including: Alzheimer's and all forms of dementia
- 24-hour nursing, 7-1 caregiver ration; appropriate activities throughout the day
- We encourage residence to bring pets
- Located in the Beach Cities Health Center building and are central to all medical needs
- Day care and respite care available

Simla Villas

2805 Robinson Street
Redondo Beach, CA 90278
310-483-6965

Rates & Capacity:

- Private: \$3,500/month -- \$5,500/month; rates depend on level of care; capacity of 6 persons

Other:

- Assistance with living activities such as bathing, grooming, and dressing
- Medication assistance, incontinence support, scheduling of appointments arranged transportation provided to doctor's appointments
- Wellness checks when necessary, personal laundry service and additional care available

Spring Senior Assisted Living

20900 Earl Street

Torrance, CA 90503

310-370-3594

Office open 9:00am – 4:00pm

www.springseniorassistedliving.com

Rates & Capacity:

- Private: \$3,400-\$3,600/month; semi-private: \$3,200/month; capacity of 40 persons

Other:

- Medical care provided at an additional cost
- Provides transportation to doctor's appointments
- Meals can be provided as room service

Sunnyside Retirement Center

22711 S. Vermont

Torrance, CA 90502

Contact: Ornelas

310-320-3318

Rates & Capacity:

- Private (w/patio): \$2,450; semi-private (w/patio): \$1,650/month; capacity of 118 persons

Other:

- License for ambulatory
- Board and assisted living program available
- Additional charge for levels of care

Sunrise Senior Living of Hermosa Beach

1837 Pacific Coast Highway

Hermosa Beach, CA 90254

310-937-0959

310-937-3989 (fax)

Rates & Capacity: Varies depending on level of care. Call for information

Other:

- Assisted living
- Memory care
- Independent living
- Short-term stay, if space is available
- Coordination of Hospice care

Sunshine Home Care 1 LLC

1806 Schilling Court

Torrance, CA 90501

Contact: Ildi Brown

Cell: 310-464-7933

Fax: 310-891-2291

www.sunshinehomecare.net

Sunshine Home Care 2 LLC

1871 247th Street

Lomita, CA 90717

Rates & Capacity: (for both Sunshine Home Care 1 & 2)

- Private: \$3,800-\$4,200/month; semi-private; \$3,200-\$3,700/month; capacity of 6 persons at each facility; prices vary by need of care.

Other:

- Specializes in Alzheimer's, Dementia, and Parkinson's
- Owners/administrators are healthcare professionals from Hungary
- Full time on site, licensed for hospice and bedridden care at all locations
- Very high level of care provided trained caregivers with a European touch

TLC Guest Homes

South Bay/PV Area

310-251-2382 (all facilities)

www.bountifulcare.com

TLC Care Home #1
18309 Fairview Lane
Torrance, CA 90504

TLC Care Home #2
28024 Calzada Drive
Rancho Palos Verdes, CA 90275

TLC Care Home #3
17035 Atkinson Avenue
Torrance, CA 90504

Rates & Capacity:

- Private: \$4,500/month; semi-private: \$3,500/month

Other:

- Bountiful caregiver agency
- Companions and caregivers
- Complementary transportation
- Hospice Available
- Pets Allowed

Villa Sorrento Retirement Home

23450 Madison Street

Torrance, CA 90505

Contact: Carla Chan, Executive Director

310-539-6826

Rates & Capacity:

- Private: \$2,900-\$3,700/month (price varies by size of the room); semi-private: 1,900/month; call for more information; capacity of 145 persons

Other:

- Active dependent retirement with assisted living
- Wheelchairs OK
- Pets allowed
- All amenities and personal care are included in monthly rental, 24-hour staff, daily maid service, laundry, all meals, social activities, transportation, bathing, and medication management

Westchester Assisted Living

220 W. Manchester Boulevard

Inglewood, CA 90301

310-673-1093

310-673-1339 (fax)

Rates & Capacity:

- Private: \$2,600/month; semi-private: \$1,800/month; admission fee of \$300; capacity of 174 beds

Other:

- Amenities include lounge, library, television center, beauty shop, courtyard, private dining room and game room
- All utilities included except telephone, daily housekeeping service, transportation (additional fee over 7 mile radius),
- Social activity program
- Furnished or unfurnished units
- Security system throughout, 24-hour care
- Licensed for Alzheimer's & Dementia
- Contracted with Assisted Living Waiver Program (Medical)

RESOURCES

For printed information on caring for elderly parents: Google : How to care for your parents

AARP

601 E. St. N.W.

Suite 81-200

Washington D.C., 20049

(888)687-2277

www.aarp.org/caregiving

Administration on Aging

1 Massachusetts Ave

N W Washington, D.C. 20001

(202)619-0724

www.aoa.gov

Alzheimer's Association**National Office California Southland**

4221 Wilshire Blvd. Ste. 400

Los Angeles, CA 90010

Phone: (800) 272-3900

www.alz.org

Children of Aging Parents

www.caps4caregivers.org

Eldercare Locator

To find local Area Agencies on Aging throughout the U.S., as well as state Long Term-Care Ombudsman offices for nursing homes,

Call: (800)677-1116

www.eldercare.gov

Family Caregiver Alliance

Los Angeles Area
(see website below)

San Francisco Area
180 Montgomery Street, Suite 1100
San Francisco, CA 94104
(415)434-3388
(800)445-8106

Website: www.caregiver.org

E-mail: info@caregiver.org

Medicare and Medical

Phone: (800) 633-4227

www.medicare.gov