

**COMMUNITY SERVICES DEPARTMENT**  
**SENIOR & FAMILY SERVICES**

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# **CITY OF REDONDO BEACH**

## **CALIFORNIA**

**May 2016**

### **HOSPICE FACILITIES**

#### **REDONDO BEACH – SOUTH BAY**

This guide is published by the City of Redondo Beach, Community Services Department, Senior and Family Services. The guide is designed to provide interested citizens with information about hospice facilities in Redondo Beach and surrounding communities.

This guide is a basic list and does not imply endorsement. The listings are not all-inclusive and are reported as accurately as possible. Failure to list a resource implies no criticism.

A periodic update will be available. To inform us of corrections, additional information or changes of address or telephone number please call 310-318-0650.

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**For a complete listing of our resource guides for seniors, please visit our website at:**

**[www.redondo.org/senior](http://www.redondo.org/senior)**

## HOSPICE CARE

Hospice is a philosophy that affirms life. It recognizes dying as a part of life, and neither hastens nor postpones death. Hospice promotes a caring environment so patients and their families can attain the degree of preparation for death that is satisfactory to them.

Hospice is not limited to the patient, but includes the patient's immediate family, caregivers, and others supporting the patient. The family is included in developing a plan of care and in caring for the patient according to their abilities.

Hospice care emphasizes the quality of life. For the dying person, this means maintaining meaningful life as long as possible, remaining alert and comfortable at home with family and loved ones, as free as possible from pain, discomfort and anxiety. The emotional and psychological stresses surrounding the dying person and his family can be as difficult to bear as the physical symptoms of the disease and may require additional support from all Hospice team members.

Hospice team members can participate as sympathetic listeners for the patient and family, allowing them time to discuss their fears, disappointments, regrets and grief; subjects they may hesitate to talk about among themselves for fear of losing their strength and resolve to face the loss of their loved one courageously. One of the most difficult, but important wishes of the dying person/family is to find the strength to discuss their impending loss openly and honestly and settle unfinished business between all family members.

With hospice care, the patient and the patient's family are important members of the team; an integral part of the plan of care. The patient/family members can be trained to participate in treatments and are encouraged to help with all aspects of patient care. Families are encouraged to spend as much time together as possible.

Hospice care can be provided in a hospice facility, or a hospice team can come to the home or skilled nursing facility to provide services. The patient's primary physician is responsible for providing the initial referral for hospice services, but it should not be assumed that the doctor automatically suggests hospice services at the "right time."

Medicare does cover many services provided in a hospice setting, such as cost for medications and durable medical equipment, and medical care provided by physicians, nurses, therapists, home health aides and social workers. However, to receive Medicare benefits, the patient must turn down further curative treatment for their underlying illness. Once a patient qualifies to receive hospice services, the hospice provider conducts periodic reviews of the person's prognosis. Decisions to extend hospice service for a longer time period than initially prescribed are based on these reviews. Patients are free to leave the hospice system at any time.

Hospice care does not end with the death of the patient. The bereavement period following the loss of a loved one is also of great importance. The Hospice program continues to support the family for as long as necessary through their time of bereavement.

**PEREGRINE HOSPICE AND PALLIATIVE MEDICINE**

3440 West Carson Street

Suite 301

Torrance, CA 90503

310-371-3080

[www.peregrinehospice.org](http://www.peregrinehospice.org)

Services: Peregrine Hospice is a non-profit organization licensed on December 4, 2001, and certified on February 28, 2002 by the Department of Health and Human Services, passing both surveys without deficiencies. The Hospice staff of medical director, registered nurses, licensed vocational nurses, certified home health aides, dieticians, social workers, spiritual counselors, and volunteers work in partnership with the patient, family and their personal physician ensuring the patient's comfort and dignity. Our primary goal is to treat the whole person – their medical, social and spiritual needs. Most importantly is “to ease the pain, suffering, and fear at the end of life is our greatest privilege”. The hospice staff is available for emergency situations 24 hours a day, 7 days a week. Also, offers occupational therapy, physical therapy, and speech therapy. Makes referrals and recommendations as appropriate.

**RELIANCE HOSPICE AND PALLIATIVE CARE**

5120 Goldleaf Circle #250

Los Angeles, CA 90056

323-446-4493

Services: Has contracts with Skilled Nursing, Assisted Living and other facilities.

Office Hours: 8:00 am to 5:00 pm, Monday – Friday

On Call: 24 hours a day, 7 days a week.

## **TORRANCE MEMORIAL HOME HEALTH AND HOSPICE**

3330 Lomita Boulevard

Torrance, CA 90505

310-784-3739

[www.torrancememorial.org](http://www.torrancememorial.org)

Services: Hospice provides a team of skilled professionals and volunteers who provide comprehensive medical, psychological and spiritual care for their families. Services are provided in the patient's home. Bereavement counseling and follow-up is provided for one (1) year after the patient's death.

Hours: Office hours are Monday – Friday, 8:00 am to 4:30 pm, Telephone answer service is available on a 24 hour basis on Saturdays, Sundays, Holidays, and after 4:30 Monday through Friday.

## **PROVIDENCE TRINITYCARE HOSPICE**

5315 Torrance Blvd.

Suite B-1

Torrance, CA 90513

310-543-3400

800-829-8660

[www.trinitycarehospice.org](http://www.trinitycarehospice.org)

Services: A non-profit, non-denominational hospice, and Palliative Care founded in 1977 and now affiliated with Providence Little Company of Mary Hospital and a member of Providence Health System. Expertly trained and highly skilled hospice and Palliative team members experienced in caring for the terminally ill, anticipating the needs of both patient and family and providing the maximum in comfort care in the patient's home or skilled nursing facility. The team is comprised of a medical director, registered nurses, social workers, physical therapists, non-denominational chaplain, home health aides and specially trained volunteers. Nurse, physician and social worker on call 24-hours, seven days a week.

**VITAS INNOVATIVE HOSPICE CARE**

Vitas Health Care Corporation

990 West 190th Street

Suite 550

Torrance, CA 90502

310-324-2273

1-800-966-7757

[www.vitas.com](http://www.vitas.com)

Services: Provided for terminally ill. Accepts Medicare, Medi-Cal and private insurance. Service provided in the home or in care center setting. Accepts twenty-four (24) hour referrals. Contact 310-324-2273 for more information.