

SECTION 2.3

Senior Citizen Services / Child Care Services

2.3 SENIOR CITIZEN SERVICES AND CHILD CARE SERVICES

Background information and materials regarding existing facilities and programs for the provision of senior citizen services and child care services within the City of Redondo Beach, and, to a certain extent, the South Bay region, are provided in this section.

The City of Redondo Beach, through the Community Services Department, retained the private consulting firm of Castañeda & Associates, who completed a Child Care/Elder Care Needs Assessment and Service Strategies study in October, 1990. This document provides an overview and inventory of local citizen opinion and services provided relative to these subjects, and should be reviewed for a more thorough identification and understanding of the issues and trends in the community regarding this subject.

2.3.1 Senior Citizen Services

Due to the overall aging of the population and advances in medical technology, people are living longer and enjoying a more active lifestyle. This trend toward "living a fuller life longer" has drawn increasing private and governmental attention to serving the senior citizen population. More than ever before, senior citizens are being recognized as a sizable and valuable economic, social, and political force in our society.

The community service needs of the senior citizen population can be more substantial and specialized. The majority of senior citizens are retired or semi-retired. While senior citizens may enjoy more leisure time, they may also contend with fixed incomes and health limitations. Other specialized needs due to aging include affordable housing, health and day care, transportation, and recreation and social services. It is important for the City of Redondo Beach to address these needs, in order to provide the best possible quality of life for its older citizens.

1990 Census data indicated that 8,572 persons of the total City of Redondo Beach population were over 55 years of age (approximately 14 percent of the total population). A total of 4,337 of these persons were over 65 years of age (approximately 7 percent of the total population and approximately 51 percent of the 55 years or older population). Of the total population over 55 years of age approximately two thirds are female, an important consideration for planning and policy making.

Regulations/Guidelines

The provision of adult (senior citizen) day care services and facilities, like those of child day care services and facilities are primarily regulated and governed through the State of California Health and Welfare Agency Department of Social Services.

Existing Facilities/Membership

The majority of senior citizen services currently available in the City of Redondo Beach are administered by the Senior and Family Services Division of the City of Redondo Beach Community Services Department.

The Division maintains a comprehensive information and referral network, publishes several directories for specialized senior citizen needs, and plans activities and special events. The Division also administers four facilities throughout the City which provide or host senior citizens programs and clubs. The facilities and their approximate total annual "membership" or attendance levels are identified below:

<u>Center/Club</u>	<u>Address</u>	<u>Members</u>
Senior Activity Center Community Resources Center	320 Knob Hill Avenue	200
North Park Senior Citizen Club Anderson Park	3007 Vail Avenue	300
North Redondo Senior Citizen Club Perry Park	2308 Rockefeller Lane	100
Redondo Beach Senior Citizen Club Veterans Park	309 Esplanade	500
City-Wide Total	(Four Facilities)	1,100

The number of individuals served within the community or participating in one or more of the different programs, including club activities, special events information and referral services, totals approximately 3,000 senior citizens. Annual attendance at the four local centers is approximately 35,000.

The present City budget provides funding for two full-time staff and five part-time staff, operating through a \$30,000 program budget. Due to budget constraints, the administrator relies heavily on volunteers to assist in conducting the programs. Approximately 200 such volunteers assist in administering the programs, ranging from computer literacy, to bingo, to legal assistance efforts.

Existing Programs

Various information sources, programs, and services related specifically to senior citizens are presently offered by the City of Redondo Beach through the Community Services Department and related senior citizen facilities. These include, but are not limited to the following:

- The City of Redondo Beach, through its Community Development Department and Community Services Department, is sponsoring and otherwise assisting a number of local elderly housing efforts that will serve to increase the supply and availability of affordable elderly housing stock in the community.
- A comprehensive information referral service including a Senior Services Directory and Resource Booklet (first published in 1975) provides seniors information about private and public organizations offering a variety of senior citizen and related services.
- The four senior citizen facilities in the City (see above) are used to provide over one hundred informational and service programs. Examples of these programs are:
 - legal assistance
 - health maintenance
 - computer literacy
 - social events
 - information and referral
 - care coordination
 - tax assistance
- The Senior Aide Program, administered by the City of Redondo Beach Community Services Department, provides in home aides for frail elderly, low and moderate income residents. This program is funded entirely with Community Development Block Grant funds received from the federal government.
- Transportation to the senior centers is provided by The Wave, a community on-demand dial-a-ride service operating in the cities of Hermosa Beach and Redondo Beach. A total of 70 percent of the service's entire ridership is senior citizens and disabled persons. Residents 62 years of age or older and residents of any age with an impairment or disability may ride for a nominal one-way fee of \$0.50; the fee for the general public is \$1.00.

Opportunities/Major Issues

A single administrator presently oversees the efforts of all of the senior citizen programs in the community, as well as the 200-person volunteer staff, a majority of whom are themselves senior citizens. In order to maintain a high level of quality, while expanding the capacity and variety of the services being offered, additional staff and budgeting would be needed.

There are currently no senior or "adult" day care centers operating in Redondo Beach. There are, however, existing centers in Torrance and Gardena that are open

to Redondo Beach residents. The City is also currently working with the non-profit South Bay Adult Day Care Center, Incorporated, to provide a pilot adult day care program at the Senior Center located in Anderson Park.

The City is currently planning to operate a pilot senior lunch program. It is not currently known what the future opportunities or possibilities will be for the continuation and expansion of this program. Should the program be continued, it will necessitate additional budget allocations or the reallocation of existing budget resources from other existing programs.

2.3.2 Child Care Services

Recent local, regional, and national socioeconomic, demographic, and lifestyle changes have resulted in increased demand for "formal" child care services. The increase in full-time working mothers, necessity for the presence of two full-time incomes to support a family, evolution and changes experienced with the traditional family unit, and the sharp increase in single-parent families have all contributed to this situation.

To more and more parents, "formal" child care services are a daily necessity in life, not just a luxury to be used by the wealthy. The issue of child care has significant and far-reaching social, fiscal, and emotional ramifications, both in the short and long-term. These ramifications include potential impacts on the region and the nation's competitive economic position and potential impacts on the emotional and psychological state of our children, both during their childhood and child care experience and during adolescence/adulthood.

The demographic trends relative to this subject are somewhat modest, and do not, on the surface, bear out the tremendous recent increase in the actual demand for child care services. In 1990, 6.8 percent (or 4,076 of the 60,167 person resident population of the City at that time) was five years of age or younger. This represented an approximate 8 percent increase in that age category from the 6.3 percent of the total resident population which occupied the 0-5 years of age or younger age category in 1980. These recent totals represent a significant proportionate decrease (over 40 percent) since 1960 (the tail end of the baby boom), when almost 12 percent of the population of the City of Redondo Beach was 5 years of age or younger.

These percentages and demographics alone, however, do not reflect and/or explain the radical socioeconomic and lifestyle changes that have occurred during the period (see above) to impact the situation. Hence, although a far smaller percentage of the City's overall population falls within the age group eligible for child care, a far greater proportionate share of the age group needs child care, generating the tremendous "net" increase in the demand for such services.

Child care facilities and services in the City of Redondo Beach are provided through private entities and the Redondo Beach School District. Child care issues and liaison activities within the community are formally handled and managed by the City of Redondo Beach through the Community Services Department.

Definitions and Requirements

All child care facilities must be licensed by the State of California Department of Social Services. This licensing process is used to ensure compliance with minimum health and safety standards, operational standards, and qualifications for care providers, as set forth under state regulations. The City regulates child care facilities primarily through zoning, which specifies where child care facilities may be located and establishes appropriate development standards. As discussed below, however, state law places specific limitations on local zoning controls over family day care homes.

There are three basic categories of child care facilities, pursuant to specific state definitions:

- (1) Small Family Day Care Home: A private home in which child care services are provided for up to six children.
- (2) Large Family Day Care Home: A private home in which child care services are provided for seven to twelve children.
- (3) Day Care Center: Any child care facility other than a family day care home, including infant centers, preschools (nursery schools), and after-school child care facilities.

A key distinction between these is that family day care homes are operated out of private homes by an adult resident as a profit-earning venture. Resident children under ten years of age are included in establishing the number of children for which care is being provided. By contrast, day care centers are operated out of non-residential buildings such as commercial buildings, schools, and churches.

The special treatment extended under state law to family day care homes is derived from the belief that reasonable opportunities should be provided for children to receive day care in a home environment. The zoning regulations of some cities had previously constrained these opportunities. Consequently, the California Child Day Care Act now requires cities to permit small family day care homes to be operated out of any single-family residence without special City approvals. Furthermore, cities must permit large family day care homes in single-family residential zones through one of the following mechanisms:

- (1) classification as a permitted use;

- (2) granting of a non-discretionary permit subject to conformance with certain types of standards that may be adopted by the City;
- (3) granting of a permit subject to the determination of a zoning administrator (or similar person) with respect to conformance with standards established by State law.

The Redondo Beach Zoning Code currently does not directly address family day care homes. State law explicitly requires cities to treat small family day care homes in the same way as single-family dwellings. In the case of large family day care homes, the Zoning Code should be amended to establish which of the three above options the City will use to process applications for the operation of such facilities.

Existing Facilities

A survey contained within the 1990 Child Care/Elder Care Needs Assessment and Service Strategies study undertaken for the Community Services Department has identified the following child care facilities and family day care homes currently operating in the City of Redondo Beach.

(1) Child Care Centers

<u>Center/Facility</u>	<u>Clients</u>	<u>Address</u>
Adams Child Dev. Center	110	2600 Ripley Avenue
Betsy Marx Head Start	18	2606 Nelson Avenue
Coast Christian Schools	200	850 Inglewood
Coast Christian Schools	30	525 Earle Lane
Der Kinder Garden	65	2017-19 Artesia Boulevard
Garden Dominion School	130	320 Knob Hill
Lincoln's Children's Center	105	2223 Plant Avenue
Little Lambs Preschool	80	706 Knob Hill
Madison Child Care Program	100	2200 MacKay Lane
Playhouse Preschool	61	526 South Irena
St. Clare's Family Care Center	60	2223 Grant Avenue
Sunflower Preschool	53	2400 Nelson Avenue
Torrance Coop Nursery	31	2761 190th
Tulita Children's Center	117	1520 South Prospect
Tuvia Preschool	83	1101 Camino Real

The centers provide a varied assortment of activities and services, including art/music activities and instruction and field trips; several offer additional services including health/hygiene services and instruction, computer games/instruction, and/or language instruction. Average market-rate (non-subsidized) tuition for these facilities ranges from \$13.00 to \$17.00 per day. In general, the facilities are open from 7:00 am to 6:00 p.m.

(2) Large Family Day Care Homes

<u>Center/Facility</u>	<u>Clients</u>	<u>Address</u>
Fraser Family Day Care	12	1900 Clark Lane
Schimmel Family Day Care	18	1910 Havermeyer Lane
South Bay Infant Center	11	2230 Nelson Avenue

In general these facilities provide similar services to those at the Child Care Centers, and operate from 7:00 am to 6:00 p.m. Fees for these large family day care centers range from \$16.20 to \$37.50 per day. Schimmel Family Day Care technically has more than 12 children enrolled, but uses a revolving system where only six children are full-time and only 12 are at the facility at any one time.

(3) Small Family Day Care Homes

There are approximately fifty (50) small family day care homes in Redondo Beach. Small family day care homes are exempted by the State of California from siting regulations by the City (i.e., they can be located in any residential zone). Details of the operations of these facilities are also expressly protected by the State of California Privacy Act. For these reasons, the addresses of these homes cannot be made public.

2.3.3 Goals, Policies, and Objectives

Issue CHILD CARE SERVICES

Goal *It shall be the goal of the City of Redondo Beach to:*

- 4A Contribute (along with the private sector residential and business community and existing service providers) to the future development, implementation, and management of successful child care programs within the community.

Objective *It shall be the objective of the City of Redondo Beach to:*

- 4.1 Encourage the establishment of and continue to pursue programs, mechanisms, and liaison activities that will increase the provision of modern child care services in the community, in accordance with local and state codes.

Policies *It shall be the policy of the City of Redondo Beach to:*

- 4.1.1 Consider the development of liaison activities for child care services through the office of the Recreation and Community Services Department, as funding permits.

- 4.1.2 Continually monitor and analyze the overall needs of child day care-eligible population, in order to better meet the needs of this segment of the community.
- 4.1.3 Implement (where appropriate and feasible) through the Recreation and Community Services Department, the recommendations contained within the City-sponsored Child Care and Elder Care Needs Assessment and Service Strategies study.
- 4.1.4 Consider hiring a local child care coordinator who would act as the formal public liaison within the community, and would investigate all available funds and means for supporting child care activities.
- 4.1.5 Investigate the creation and implementation of additional marketing and information "reach-out" programs to better inform the local citizen population of the availability of child care services.
- 4.1.6 Encourage local public and private firms and businesses to examine the potential for establishing employer-sponsored or work-place located child day care services, and other employer-sponsored programs designed to ease family versus work demands.
- 4.1.7 Modify those portions of the local zoning code (Municipal Code) relative to the permitting and siting of large family day care homes, to allow such uses as a specifically permitted use, consistent with state requirements and regulations.
- 4.1.8 Incorporate, where feasible, child care facilities or components of child care facilities (i.e., open space) in future planning for the use of the City's recreation facilities and surplus government facilities, with the reuse of school sites subject to the provisions of California Government Code Section 65852.9.
- 4.1.9 Pursue the acquisition and installation of additional pre-school aged play equipment in local public open space, in order to promote the use and enjoyment of these facilities by this segment of the population.
- 4.1.10 Pursue the creation and implementation of additional after school services and activities for children.

Issue **SENIOR CITIZEN SERVICES**

Goal *It shall be the goal of the City of Redondo Beach to:*

- 4B Contribute (along with the private sector residential and business community and existing service providers) to the future development,

implementation, and management of successful senior citizen programs within the community.

Objective It shall be the objective of the City of Redondo Beach to:

4.2 Establish and continue to pursue programs, mechanisms, and liaison activities that will increase the provision of modern senior citizen services in the community, in accordance with local and state codes.

Policies It shall be the policy of the City of Redondo Beach to:

4.2.1 Continue to develop, manage, and expand the City's senior services and programs as an important social service within the community, as funding and operational conditions permit.

4.2.2 Continually monitor and analyze the overall needs of the City's senior citizen (55 years of age and older) population, in order to investigate and implement new and additional programs and activities and meet the needs of this segment of the community in an aggressive and effective manner.

4.2.3 Attempt to coordinate senior citizen services with other South Bay providers to the extent feasible, while minimizing the duplication of effort and expenditure of unnecessary resources, both at the local and regional level.

4.2.4 Implement (where appropriate) through the Recreation and Community Services Department or other appropriate local government agency or department, the recommendations within the City-sponsored Child Care and Elder Care Needs Assessment and Service Strategies study.

4.2.5 Specifically investigate and pursue, principally through the City Recreation and Community Services Department, the provision of programs and services for the "frail" elderly.

4.2.6 Consider hiring additional staff, within the City Recreation and Community Services Department, to manage and implement existing and future local senior citizen programs.

4.2.7 Pursue additional funding sources, through the City Recreation and Community Services Department, to expand services provided through the Senior In-Home Aide Program.

4.2.8 Continue to pursue, and assist in the assemblage of land, planning, funding, and construction of affordable senior citizen housing.

- 4.2.9 Continue, through the City Recreation and Community Services Department, to monitor and analyze the needs of the senior citizen population relative to transportation, in order to increase the availability, accessibility, and use of such services to the population.
- 4.2.10 Continue, through the City Recreation and Community Services Department, to monitor the most efficient and effective means of providing senior day care services to Redondo Beach residents.
- 4.2.11 Consider providing assistance to regional adult day care facilities and other organizations that are able to demonstrate a need for reduced fees or enhanced services for Redondo Beach resident senior citizens, as funding allows.

2.3.4 Implementation Programs

The following presents the respective programs which shall be carried out by the City of Redondo Beach (or the indicated designee) to implement the preceding goals, objectives, and policies of the Child Care Services and Senior Citizen Services Section. Each implementation program is followed by a number which indicates the pertinent policy or policies which it is intended to implement. Notwithstanding the language in specific implementation measures, action by the City is subject to the availability of funding and staff.

Child Care Services

- The City of Redondo Beach, through the Recreation and Community Services Department, shall monitor the provision of local child care services (*Policy 4.1.2*).
- Representatives of the City's Recreation and Community Services Department shall communicate and work on an ongoing basis with the local child care resource and referral agency (Connections for Children), in an effort to help monitor and analyze the specific needs of this segment of the community (*Policy 4.1.1*).
- The City Recreation and Community Services Department shall review the recommendations and policies contained within the Child Care and Elder Care Needs Assessment and Services Strategies study completed by Castañeda & Associates, and shall propose the implementation of those policies which are deemed to be appropriate and feasible (*Policy 4.1.3, 4.1.4*).
- The City of Redondo Beach, through the Recreation and Community Services Department, shall develop and publish an informational brochure and/or newsletter (on at least a biannual basis), distributed to known local child care providers and patrons, and the community as a whole (if feasible), to provide

and seek additional information relative to child care services and the child care issue, to better inform the community regarding these matters. The first issue of these brochures and/or newsletters shall be published within eighteen (18) months of the adoption of the General Plan, and shall be published at a frequency of no less than twice per year (*Policy 4.1.5*).

- The City Child Care Services staff (and/or their designee or designees) shall establish an ongoing dialogue and relationship with local public and private sector firms and businesses to encourage and assist these entities in establishing employer-sponsored or work-place located child care services and other programs designed to ease family versus work demands (*Policy 4.1.6*).
- The City Recreation and Community Services Department shall review all relevant portions of the existing City of Redondo Beach Zoning Code and shall recommend to the Planning Commission and City Council appropriate modifications to the code, in order to allow large family child day care homes as a specifically permitted use, consistent with state requirements and regulations (*Policy 4.1.7*).
- The City Recreation and Community Services Department shall formally participate in reviewing and providing input into the planning and design process for the future reuse or improvement of the City's recreational facilities and surplus government facilities, for the expressed purpose of proposing and ensuring the incorporation of child care facilities or open space facilities used by child care patrons in these facilities (*Policy 4.1.8*).
- The City Recreation and Community Services Department shall work with the appropriate local departments (Parks and Recreation, Public Works, Redondo Unified School District, etc.) responsible for the purchase and maintenance of capital equipment placed within local public open space, to encourage the purchase and installation of additional pre-school-aged play equipment in these facilities (*Policy 4.1.9*).
- The City Recreation and Community Services Department shall prioritize (in cooperation with the local school district) the creation and implementation of additional after school services and activities for children as a supplement to more traditional means of child care services (*Policy 4.1.10*).

Senior Citizen Services

- The City of Redondo Beach, through the Recreation and Community Services Department, shall monitor the provision of local senior citizen services (*Policy 4.2.1, 4.2.2*).
- The City of Redondo Beach, through the Recreation and Community Services Department, shall (if additional funding becomes available) contact

representatives of other South Bay region communities to propose the conduct of ongoing region-wide meetings of the appropriate members of local governments responsible for the provision of senior care services to promote the coordination of such services to more effectively address and serve this segment of the population, while also minimizing the duplication of effort and the expenditure of unnecessary resources in this area (*Policy 4.2.3*).

- The City Recreation and Community Services Department shall review the recommendations and policies contained within the Child Care and Elder Care Needs Assessment and Services Strategies study completed by Castañeda & Associates, and shall recommend the implementation of those policies which are deemed to be appropriate and feasible (*Policy 4.2.1, 4.2.4, 4.2.6*).
- The City Recreation and Community Services Department shall specifically address the provision of additional programs and services for the "frail elderly" in the proposal and implementation of local senior care services (*Policy 4.2.5*).
- The City Recreation and Community Services Department shall investigate the full range of potential funding sources (federal grants, state public funding, local public funding, local corporate funding, etc.), and proactively pursue and dedicate such funding to allow for the expansion of those services provided through the Senior In-Home Aide Program (*Policy 4.2.7*).
- The City of Redondo Beach, through the Community Development Department and Recreation and Community Services Department, shall continue their ongoing and previously successful efforts to aggressively pursue and assist in the assemblage of land, planning, funding, and construction of affordable senior citizen housing (*Policy 4.2.81*).
- Representatives of the City Recreation and Community Services Department shall communicate, on an ongoing basis, with local senior citizen services providers and patrons in an effort to help monitor and analyze the specialized transportation needs of this segment of the community; these representatives shall also establish a means of communication with regional and local transit providers to encourage dialogue with these entities and propose/negotiate improvements and modifications to the transit equipment and services to better serve the senior population (*Policy 4.2.9*).
- Representatives of the City Recreation and Community Services Department shall, on an ongoing basis, poll and interview local adult day care providers and patrons in an effort to monitor the use of local senior day care facilities and forecast/respond to potential increases in demand for such services (*Policy 4.2.10*).

- The City Recreation and Community Services Department shall monitor, review, and analyze the characteristics of the populations of senior care facilities and the practices of senior care providers, and (if deemed to be appropriate and feasible) shall propose that human or financial resources be provided to such facilities, in order to enhance or expand the services that they are able to provide to City residents (*Policy 4.2.11*).

