

COMMUNITY SERVICES DEPARTMENT  
SENIOR & FAMILY SERVICES

TELEPHONE  
(310) 318-0650  
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# CITY OF REDONDO BEACH CALIFORNIA

November 2015

## IN-HOME CARE SERVICE PROVIDERS

### REDONDO BEACH – SOUTH BAY

This guide is published by The City of Redondo Beach, Community Services Department, Senior and Family Services. The guide is designed to provide interested persons with information about the available in-home care agencies in Redondo Beach and the surrounding communities.

This guide is a basic list of in-home care agencies and does not imply endorsement. The listings are not all-inclusive and are reported as accurately as possible. Failure to list an in-home care agency implies no criticism.

A periodic update will be available. To inform us of corrections, additional information or changes of address or telephone number please call 310-318-0650.

City of Redondo Beach  
COMMUNITY SERVICES DEPARTMENT  
SENIOR AND FAMILY SERVICES  
1922 Artesia Blvd  
Redondo Beach, CA 90278

310-318-0650 Voice  
310-798-8273 Fax

For a complete listing of our resource guides for seniors, please visit our website at:

[www.redondo.org/senior](http://www.redondo.org/senior)

## **A-1 Domestic Professional Services**

### **A-1 Home Care Agency**

12631 Imperial Highway, Suite F-104

Santa Fe Springs, CA 90670

877-929-8499

888-813-3646

[www.a-1domestic.com](http://www.a-1domestic.com)

“It takes two helping hands and a golden heart to serve others.” We at A-1 Domestic care for the well being of all our clients. We are committed to providing our customers with qualified and professional home care providers. A-1 Domestic is a proud member of BBB, Beverly Hills Chamber, Pasadena Chamber, Newport Beach Chamber, Santa Fe Springs Chamber, Torrance Chamber, National Care Planning Council and National Association of Professional Geriatric Care Managers.”

*Services:* A-1 Domestic Professional Services is a Non- Medical Home Care Agency providing a variety of Home Care Providers since 1991. Care for the Elderly, Senior, Terminally Ill, Handicap and Developmentally Disabled is available. Care providers include: Caregivers, Companions, Certified Nurse Aides, Certified Home Health Aides, Hospice Caregivers, Hospital Sitters, Nursing Home Sitters, Respite Caregivers, etc. Services include personal care & hygiene, incontinence assistance, companionship & recreational activities, daily exercise or physical therapy, meal preparation, errands, light housecleaning, laundry, medication supervision, etc.

*Ages:* All Ages

*Hours:* 8:30am-5:00pm; 24-hour answering service; same day service or next day service

*Cost:* Affordable Rates with free home assessments

*Other:* Choose your own caregiver. Unlimited interviews available 7 days a week. All caregivers have a clean nationwide criminal background sex offender check, & DMV check, verifiable references & are fully experienced. Areas served included Los Angeles County, Orange County, Riverside County, San Bernardino County, South Bay San Gabriel Valley and San Fernando Valley.

## **2 Care For Me Senior Services**

5155 W. Rosecrans Avenue, Suite 255

Hawthorne, CA 90250

310 676-2829

424-209-7487

Email: [contactus@2careforme.com](mailto:contactus@2careforme.com)

[www.2careforme.com](http://www.2careforme.com)

*Services:* Provides personal care, meal preparation, errands, bath services, live-out and live-in hourly care, respite care, medication supervision, Alzheimer's, dementia, light housekeeping, and medical supplies.

*Ages:* 18+

*Hours:* 24 hour availability, 7 days a week. Office open 9 am-5 pm.

*Cost:* Affordable rates vary by service beginning at \$17/hour; discounts are available according to the length of the time and services needed. Gift Certificates are available. Will work with your budget.

*Other:* We service the South Bay and Los Angeles County.

## **Accent Care Company**

2501 Cherry Avenue, Suite 260

Signal Hill, CA 90755

800-834-3059

[www.Accentcare.com](http://www.Accentcare.com)

*Services:* Light housekeeping, companionship, personal care, shopping, certified nursing aides and meal preparation. Transportation to medical appointments and medical reminders. Our employees are trained and covered by Workman's Compensation Insurance.

*Ages:* All

*Hours:* Open 7 days a week; 24 hour care available

*Cost:* Varies according to service; \$21.00-\$23.00/hour with a minimum of 4 hours

*Other:* A home visit can be arranged if necessary at no charge to you, to insure the proper services provided. Member of California Association of Home Health Services at Home (CAHSHS). Coverage includes Los Angeles, Riverside, San Bernardino, San Diego, and Orange Counties.

**Accredited Nursing Services (Est. 1980)**

10801 National Boulevard, Suite 330

Los Angeles, CA 90064

310-551-1234

[www.accreditednursing.com](http://www.accreditednursing.com)

*Services:* Companion, homemaker, personal care attendants, CNA's. We are the legal employer –caregivers are insured, bonded, covered by Worker's Compensation, and payroll taxes are deducted.

*Ages:* All Ages

*Hours:* Monday-Friday 8:30am-6:00pm; Saturday 8:30am-5:00pm

*Cost:* Private pay or long-term care insurance; Cost varies, call for information.

*Other:* Serves all Los Angeles, Orange, and San Diego Counties

**Action Health Care**

**Action Home Health Care**

3020 Old Ranch Rd, Suite 308

Seal Beach, CA 90740

310-659-9930

310-653-5374

880-507-3341 (fax)

*Services:* Assistance with daily living due to illness or disability, convalescent care, individuals who are neurologically impaired, respite care, infant and child care, rehabilitative therapy including physical, occupational and/or speech therapy. Los Angeles and Orange County

*Ages:* All Ages

*Cost:* Hourly and Live-in Shifts available; varies by service

*Other:* License and Bonded

**ADIA**

3625 Del Amo Blvd, Suite 390

Torrance, CA 90503

310-370-0555

866-686-3674

[www.adiacares.com](http://www.adiacares.com)

*Services:* Adia (means “gift”) provides a full range of premium in-home non-medical living assistance and personal care services custom tailored to the needs and lifestyles of each individual. Our services range from meal preparation, light housekeeping, light exercise, medication reminder, connection to community activities, companionship and personal goal-setting projects to specialty care such as Alzheimer’s, Parkinson’s, Rheumatoid Arthritis or other chronic illnesses. We go BEYOND the assistance with daily chores to ensure one-on-one friendship with care recipient and their family. Serve the South Bay area.

*Ages:* Older Adults/Seniors

*Hours:* SAME DAY SERVICES (Call for details), 24/7, live-in, 3 HOUR MINIMUM. Free consultations.

*Cost:* Starting rate \$21.00/hour

*Other:* All caregivers are employed, licensed, insured, and bonded. FBI screened and trained according to the guidelines set by Alzheimer’s Association, National Institute of Health (NIH) and Federal Identity Theft/Fraud Prevention Agency. Let Adia make your life easier and more enjoyable! Experience the gift of Adia.

**ALLPOINT Home Health**

11340 W. Olympic Blvd. Suite 220

Los Angeles, CA 90064

310-441-2009

[www.AllpointHomeHealth.com](http://www.AllpointHomeHealth.com)

*Services:* Since 1989, ALLPOINT Home Health has been serving the South Bay and Greater Los Angeles community, helping seniors and disabled adults safely maintain their independence at home by providing incomparable in home care. Unlike other home care agencies, we are owned and operated by a Registered Nurse with over 30 years of experience and we provide medical and non- medical assistance. Estee Bienstock, our founder and Executive Director, personally supervises our entire care team and maintains ongoing contact with every single client and family, in keeping with our philosophy of caring for our clients the way we would care for our own family.

*Ages:* All Ages

*Hours:* Office hours: Monday-Friday 8:00am-6:00pm. On call 24 hours/7 days a week.

*Cost:* We accept long-term care insurance and private pay at \$21/hour, two 12 hour shifts or \$28/hour three 8 hour shifts.

*Other:* All of our care companions must have at least 1-2 years of experience and are covered by our liability and workers’ compensation insurance. Our agency is licensed by the California Department of Health Services.

**Always Best Care South Bay**

21250 Hawthorne Blvd. #500

Torrance, CA 90503

Cell: 310-346-2005

Office: 310-792-8666

Fax: 310-792-8686

Contact: Mark Wecker

Email: [mwecker@abc-seniors.com](mailto:mwecker@abc-seniors.com)

[www.alwaysbesthomecare.com](http://www.alwaysbesthomecare.com)

*Services:* Always Best Care South Bay provides non-medical in home services for people who prefer to stay at home but need ongoing care that cannot easily be provided by family or friends. Care providers are bonded, insured and have passed through a criminal background check. Services include non-medical, personal and social needs.

Examples are: grooming, dressing, bathing, toileting, incontinence, mobility, errands and light housekeeping.

*Hours:* Care available 24 hours a day, 7 days a week, with a 4-hour minimum.

*Ages:* 16 years and older

*Cost:* Minimum \$20.00 per hour with a 4-hour minimum.

*Languages:* English, Spanish, Tagalog, Italian, Indonesian, and Farsi.

*Other:* Specially trained caregivers are available for hospice and dementia patients. Family support groups and workshops affiliated with the Alzheimer's Association are also available.

**Always Right Home Care**

3838 Carson Street, Suite 314

Torrance, CA 90503

310-316-8343

877-CARE-616

*Services:* Personal care, light housekeeping, meal preparation, medication reminders, and shopping services to the South Bay, West Los Angeles, San Fernando, and San Gabriel Valleys.

*Ages:* All Ages

*Hours:* 24 hours a day, seven days a week

*Cost:* Reasonable rates with free home evaluation. \$18/hour; \$290/day for 24 hour Live In for ONE person.

*Other:* Employees are bonded and covered by Workers' Compensation, General and Professional Liability Insurance. Criminal background checks as well as DMV checks on our caregivers.

**Angela's Home Health Care**

3699 Wilshire Boulevard, Suite 720  
Los Angeles, CA 90010  
213-487-5131  
800-439-4888

*Services:* Skilled nursing, home health aide, physical therapy, occupational therapy, speech therapy, medical social services; serves Los Angeles County.

*Ages:* All Ages

*Hours:* 8:00am-5:30pm, with a 24 hour answering service

*Cost:* Medicare-certified agency; call for information

*Other:* Multi-lingual staff

**All About Loving Care**

6060 W. Manchester Blvd, #113  
Los Angeles, CA 90045  
310-301-0009  
310-301-0004 (fax)  
[www.allaboutlovingcare.us](http://www.allaboutlovingcare.us)

*Services:* In-Home companion care, meal planning, and preparation, errand service, light house-keeping, 24 hour care, daily "TLC" phone calls, laundry and linen washing. Grooming and dressing, help with activities of daily living, respite care, shopping, doctor's appointment.

*Cost:* Starts at \$20/hour. Varies in accordance with the needs of the client.

*Other:* Caregivers screened and tested. We also provide transportation and escort services to convalescent and Alzheimer facilities, and have hospice care caregivers.

**At Home Care**

562-598-7147  
800-813-7007

*Services:* Assistance with bathing, dressing, medication dispensing, incontinence care, transferring, companionship, light housekeeping, meal preparation, transportation, and more.

*Ages:* All Ages, specializes in seniors

*Hours:* Office hours 8:30am-2:30pm with a 24-hour answering service.

*Cost:* Starting rates \$18.00/hour; companion care only \$180/day (24 hours)

*Other:* Staff includes gerontologist and a geriatric care manager. All caregivers are insured and bonded; background checks done on all caregivers.

### **At Home With Care**

Home Care Services, Inc.  
806 Manhattan Beach Blvd. Suite 206  
Manhattan Beach, CA 90266  
310-798-2700  
[www.athomewithcare.com](http://www.athomewithcare.com)

*Services:* A partnership for families, elderly, and new moms. We offer Homecare non-medical assistance and personal care services tailored to the needs and lifestyles of each individual and family. Our skilled and caring employees can assist with the tasks of everyday living. Homemaker services include but not limited to: general housekeeping, washing dishes, meal preparation, errands, ironing, change beds, and grocery shopping. Personal care includes assistance with grooming and dressing, meal preparation, transportation to appointments. Homemaker services are also included if needed.

*Ages:* All ages

*Hours:* Any hours up to 24 hours/day

*Cost:* Varies with services, no minimum hour requirement.

*Other:* Our employees are bonded and insured; general liability insurance and workers compensation insurance maintained.

### **Cambrian Homecare**

5199 E. Pacific Coast Highway, Suite 100  
Long Beach, CA 90804  
877-390-4300 (24 hours)  
562-498-1829 (fax)  
[www.cambrianhomecare.com](http://www.cambrianhomecare.com)

*Services:* Light housekeeping, companionship, personal care (post hospitalization or ongoing). Travel escort to medical appointments. Caregivers are insured, bonded and covered by our Workers' Compensation Insurance. We provide support to seniors, HIV, developmentally disabled, and anyone requiring any additional homecare assistance. No minimum hours required.

*Ages:* All Ages

*Hours:* Live in customer service support available 7 days a week 24 hours a day

*Cost:* Varies by service need

*Other:* We service Los Angeles, Orange, Riverside, and San Bernardino counties. In-home assessment to evaluate your needs can be done at no charge

**CaregiversDirect**

468 N. Camden Dr. #200

Beverly Hills, CA 90210

(310) 601-3031

[www.caregiversdirect.com](http://www.caregiversdirect.com)

**Services:** Assistance with daily living, light housekeeping, companion care, personal care, meal preparation, transportation, transferring, medication reminders, Certified Nursing Assistants, Home Health Aides, case workers, rehabilitation care, specialized care for patients with Alzheimer's, dementia, Parkinson's, and autism

**Ages:** All ages

**Hours:** Caregivers available 24/7

**Cost:** Families pay an annual membership to join CaregiversDirect, starting at \$299. Caregivers set their own hourly rates (averaging \$12-\$15), and CaregiversDirect doesn't take a percentage or agency fee, which saves the average family thousands of dollars a year!

**Other:** CaregiversDirect is your personalized solution for finding in-home care. We interview every caregiver in our network, run a preliminary background check, verify references and credentials, and then you hire the caregiver that's right for you.

**ComForCare Home Care**

5601 W. Slauson Ave., Suite 272

Culver City, CA 90230

424-777-3709

[www.comforcare.com](http://www.comforcare.com)

**Services:** Comforcare's mission statement is to "Improve the quality of life and level of independence for every client and family receiving our services." We are a non-medical homecare agency providing assistance with the Activities of Daily Living. Companionship, light housekeeping, transportation visits, and assistance with bathing and grooming. Our caregiver is our employee and therefore we handle all payroll tax issues.

**Ages:** Adults only

**Hours:** Office hours 8:00am-5:00pm with 24 hour on-call availability 7 days a week

**Cost:** Varies with service

**Other:** We provide a free in-home consultation prior to the commencement of services so that we may tailor a specific program to meet the individual needs.

**Comfort Keepers**

25124 Narbonne Avenue, Suite 102

Lomita, CA 90717

310-325-6500

310-325-3560 (fax)

Email: [southbay@comfortkeepers.com](mailto:southbay@comfortkeepers.com)

[www.comfortkeepers.com](http://www.comfortkeepers.com)

*Services:* Provides seniors and their families with the extra assistance they need to manage their everyday life. We provide an array of non-medical, in-home services which are tailored to meet the needs of each individual client. Our caregivers are available by the hour, day or week. A package can be designed to fit almost anyone's budget. All Comfort Keepers' employees are dependable, caring professionals who have been thoroughly screened and formally trained. They are bonded and insured. Also provider for Beach Cities Health Services and SCAN insurance.

*Ages:* All ages

*Hours:* 9:00am-5:00pm (on call 24 hours a day, 7 days a week)

*Cost:* Affordable rates, because you choose the services you need. We can design packages to fit within your budget.

*Other:* Call or email for FREE in home visit.

**Empower Care**

3292 E. Spring St.

Long Beach, CA 908056

562-427-4400

888-405-8710

888-698-3885 (fax)

Email: [info@empowercareonline.com](mailto:info@empowercareonline.com)

[www.empowercareonline.com](http://www.empowercareonline.com)

*Services:* EmpowerCare, your eldercare solutions in California is committed to providing a client-centric line of services designed to promote independence and dignity throughout the aging process. Our goal is to bridge the gap between our elderly clients and the critical support services needed to live full and productive lives for as long as possible. Our Certified Care Managers are not only educated and trained in geriatrics, most importantly they share our passion for delivering compassionate service. Our goal is to serve as your family's advocate in all matters relating to, but not limited to care coordination, in home support services, Medicare/Medicaid issues, legal matters financial services, and placement. Our team understands that changes can come unexpectedly as we age and we are here to help you manage all of life's changes with confidence.

*Ages:* Seniors and Disabled Adults

*Hours:* Office – Monday-Friday, 9:0am-5:00pm

*Cost:* Varies with need. Call for information.

*Other:* We also contract with previous providers who assist in home health, in-home care, medical supplies, elder law, Medicare & Medi-Cal consultation and real estate management.

**Far East Care**

3407 W. 6<sup>th</sup> Street, Suite 710  
Los Angeles, CA 90020  
213-386-8297  
213-471-0192  
213-386-8298 (fax)

- Services:* We service all Southern California, from Kern County, through Ventura County, all the way to Orange County and beyond. Provides private home care.
- Ages:* Elderly – 60 years plus
- Hours:* Mon-Fri 9:00am-5:00pm
- Cost:* \$18.00/hour with minimum of 6 hours, 3 days/week. Our live-in rates start at \$189.00/day (rates based on minimum level of care/companionship).
- Other:* We are licensed, bonded, and insured and Workers' Compensation covered. Background checks are done through Social Security clearance, DMV, and live scan fingerprinting. We have caregivers that speak different languages such as Mandarin, Cantonese, Japanese, Farsi, Tagalog, and Spanish.

**HomeCare of SouthBay**

3655 Torrance Blvd, #300  
Torrance, CA 90503  
424-704-5330  
Email: [LRoberts@FirstLightHomecare.com](mailto:LRoberts@FirstLightHomecare.com)  
[www.SouthBay.FirstLightHomeCare.com](http://www.SouthBay.FirstLightHomeCare.com)

- Services:* At FirstLight HomeCare, a leading home care agency, the genuine health and well-being of others are our greatest concern. We vow to provide first-class personal service for our clients so that they may enjoy warmth, independence and relaxed comfort in their own home or any setting. We'll work with you to create a care-giving partnership that's built on trust, communication and a special understanding of your family's needs. And what's more, we give you everything you need to monitor the quality of home care we provide. We offer web based client care access, Client First – a caregiver / client matching tool, Personal Emergency Response Systems including Tele-med capabilities and Medication adherence, Satisfaction surveys and 100% Satisfaction Guarantee. We also offer complementary assistance with placement and guidance from our Certified Senior Advisor.
- Ages:* We provide services to individuals 18 years old and over
- Hours:* Speak with a qualified Care Coordinator 24 hours a day, 7 days a week.
- Costs:* Varies depending on care provided and hours needed. Prices range from \$20 an hour to specialty rates for live-in care.
- Other:* We are a Member of the Society of Senior Care Advisors, Veteran owned, HIPPA compliant and provide insured, bonded, and well trained care givers that build trustful working relationships.

### **Home Helpers and Direct Link of the South Bay**

24328 Vermont Ave., Suite 311

Harbor City, CA 90710

310-316-3568

*Services:* We provide caregiver assistance in the home for clients with multiple medical needs from companionship all the way up to hospice care. We also specialize in recuperative care. Assistance includes help with bathing and other activities of daily living, light house work, laundry and linens, cooking and serving nutritious meals, errands, and transportation throughout the community. Also assist with transfer, ambulation, exercise, companionship and respite services. All caregivers are fully bonded, insured, and go through background checks.

*Ages:* Adults only

*Hours:* Office hours 9:00am-5:00pm. On call 24 hours a day, 7 days a week for our clients

*Cost:* \$20.00 for hourly care in the home

*Other:* Complimentary in-home visit done prior to initiating services. This visit is nonobligatory, but allows the potential client to understand the services we provide in a more thorough way upon initiating services.

### **Home Instead Senior Care**

3625 Del Amo Boulevard, Suite 105

Torrance, CA 90503-2174

310-542-0563

310-408-9905 (after hours)

[www.homeinstead.com](http://www.homeinstead.com)

E-mail: [weloveseniors@homeinstead.com](mailto:weloveseniors@homeinstead.com)

*Services:* A non-medical service designed for people capable of managing their physical needs, but requiring limited assistance, light housework, and/or companionship in order to remain at home. Also provides temporary assistance for family members needing respite services. Assistance with bathing, light housework, laundry, and ironing; planning cooking and serving nutritious meals, shopping, errands and/or incidental transportation to church, social events, and appointments; monitor conditions in and around the home; All caregivers are bonded and insured. Criminal background and reference checks done.

*Ages:* Adults only

*Hours:* Office hours 8:00am to 5:00pm. On call 24 hours a day, 7 days a week

*Cost:* \$21.00/hour companionship, \$22.50/hour home helper, \$23.50/hour personal care, \$255/per 12 hour shift, \$480/24 hour shifts – this would be two 12 hour shifts.

*Other:* Complimentary in-home assessment done prior to initiating services

**HomeLife Partners, LLC**

23842 Hawthorne Boulevard, Suite 201

Torrance, CA 90505

310-465-0100

[www.homelifepartners.com](http://www.homelifepartners.com)

*Services:* HomeLife Partners offers comprehensive caregiving solution to the South Bay. Our services range from part-time companionship to full-time live-in care. All our professional caregivers speak English and are licensed to drive. Many have advanced training as Certified Nursing Aids, CPR, and Alzheimer's care. Our employees are fully insured, covered by Workers' Compensation and create no tax liability on your part.

*Ages:* All Ages

*Hours:* Available 24 hours

*Cost:* Varies with service

*Other:* We offer complimentary Needs Profile as a part of our full care management service. HomeLife Partners is a member of the Seniors' Choice, a leading provider of elder care services for over 17 years.

**Honor**

1900 Avenue of the Stars, Suite 1400

Los Angeles, CA 90067

877-777-5116

Email: [hello@joinhonor.com](mailto:hello@joinhonor.com)

[www.joinhonor.com](http://www.joinhonor.com)

*Services:* Honor helps families who need non-medical home care for older adults find the best professional caregivers quickly. Need a ride? Light housekeeping? Help with meals, mobility, or personal care? In 2 hours, we're there. Honor Care Professionals specialize in Alzheimer's care and other conditions related to aging. Only the top 5 percent of applicants become Honor Qualified Care Pros. We conduct comprehensive background checks going back 7 years. We interview and carefully screen for professional skills and training, plus a genuine love of caregiving—and only select the best. No deposits or long-term contracts required. Schedule the help you need by the hour, pay by the hour. It's that simple bonded and insured, just in case.

*Ages:* Older Adults

*Hours:* 24 hours a day, seven days a week.

*Cost:* Varies with need. Call to learn about our introductory offers.

*Other:* The Honor Family App lets you schedule, manage, and monitor care visits on our phone from anywhere. Stay in touch with your Honor Care Pro and get real-time information. You can rate each visit and favorite the Care Pros you love.

**Homewatch CareGivers**

8929 S. Sepulveda Boulevard, Suite 14  
Westchester, CA 90045  
310-338-8558  
888-494-6466 (Westside and Beach Cities)

*Services:* Client care is our passion. Our services allow you to maintain the comfort and security of your own home while receiving the assistance you need. We work with seniors, new moms, those convalescing, and those with disabling conditions. We offer a wide array of services including transportation, personal care, and medication reminders. Let our family care for yours.

*Ages:* All ages

*Hours:* Office hours 8:00am-4:30pm. On call 24 hours daily, 7 day a week

*Cost:* Varies by type of service

*Other:* We create flexible, individualized care plans that ensure you get the service you need. Our caregivers undergo monthly training to sharpen their skills. Our quality assurance team makes scheduled and unscheduled visits to the home. The initial in-home consultation is free. We do not require a deposit. Caregivers are insured, bonded, and covered by Workers' Compensation. ABHC Certified (American Board of Health Care)

**LivHOME**

5670 Wilshire Blvd Suite 500  
Los Angeles, CA 90036  
323-933-5880  
323-933-9554 (fax)  
877-454-8466  
[www.livhome.com](http://www.livhome.com)

*Services:* Provides comprehensive assessment of elder care situation by an advanced degree geriatric professional. Offers cost-conscious solutions for complex family situations; provides in-home care throughout Los Angeles, Santa Barbara, Ventura, Orange, and San Diego Counties. Caregivers provide assistance with activities of daily living, Alzheimer's and dementia care, behavior management, social activities tailored to client, crisis management, prevention and intervention.

*Ages:* Seniors

*Hours:* Available 24 hours

*Other:* Services also include family counseling, information and referral, assistance with entitlement programs, alternative housing and relocations assistance, advocacy and support.

**Los Angeles County Department of Social Services  
In Home Supportive Services**

South Adult Services, Southern Regional Office  
12000 Hawthorne Boulevard  
Hawthorne, CA 90250  
213-744-4477  
888-944-4477

*Services:* Cooking, cleaning, and personal services care. Designed to enable needy, blind and disabled to remain safely in or return to their own homes.

*Ages:* 65 and older

*Hours:* Monday-Friday, 8:00am-5:00pm

*Cost:* Call for Information

*Other:* Part of the Department of Public Services. Eligibility requirements – low income or on SSI.

**Loving Care Agency (Est. 1981)**

6060 W. Manchester Ave., Suite 113  
Los Angeles, CA 90045  
310-301-0009  
424-269-8727 (cell)  
310-301-0004 (fax)  
[www.allaboutlovingcare.us](http://www.allaboutlovingcare.us)

*Services:* Live-in/Live-out and part time aides, companions, CNAs and LVNs

*Ages:* All Ages

*Hours:* Monday-Friday, 9:00am-5:00pm

*Cost:* 24 hour live-in \$200/day. Live out \$17.00/hour (no hourly minimum)

*Other:* Complete personal care, cooking, housekeeping, transportation, and administration of medication.

**Oxford HealthCare (Est. 1967)**

280 Atlantic Avenue  
Long Beach, CA 90802  
562-432-6400  
877-NURSE-17 (877-687-7317)  
[www.OxfordHealthCare.com](http://www.OxfordHealthCare.com)

*Services:* Oxford has been providing, “The Best of Care in the Comfort of Home” since 1967. We provide skilled nursing—shifts and visits, physical therapy, and home health aides. Services include skilled nursing visits for evaluation, wound care and teaching, training on disease management and how to self-medicate with specialty pharmaceutical drugs (i.e., Hepatitis C, multiple sclerosis, eczema, asthma). Oxford is responsible for workers’ compensation and all payroll taxes.

*Ages:* All ages

*Hours:* Staff coordinators are available 24 hours a day

*Cost:* Varies with need, call for more information

**Personal Assistance Services Council (PASC)**

3452 E. Foothill Blvd. Suite 900  
Pasadena, CA 91107  
877-565-4477 (toll free)  
818-206-7000 (TTY)  
818-206-8000 (fax)  
[www.pascala.org](http://www.pascala.org)

*Services:* The Personal Assistance Services Council (PASC) is the public authority for In-Home Supportive Services (IHSS) in Los Angeles County. Its main goal is to enhance the IHSS Program. PASC serves as the employer of record, representing over 180,000 IHSS consumer employers, for purposes of collective bargaining over wages and benefits. PASC also operates a Registry to provide referrals for IHSS consumers and providers, provides access to training for consumers and providers, and provides an array of support services to improve the IHSS Program in general.

*Ages:* Consumers who qualify for the medical program.

*Hours:* Mon. – Fri. 8:00 a.m.–5:00 p.m.

*Cost:* Assistance is free for people with an IHSS Case Number – this is a government agency.

**Physicians Choice Home Health Incorporated**

3220 Sepulveda Boulevard Suite 100

Torrance, CA 90505

310-793-1616

310-793-2900 (fax)

*Services:* Provides intermittent care for skilled nursing, medical social workers, rehabilitation therapy, home health aide nurses and intravenous therapy. Skilled nursing services include physical assessment/case management, nutritional assessment/guidance, diabetic care/instruction and teaching, wound care, administration of medication, catheter care, bowel/bladder training, external feeding, ostomy care, preoperative prep and education. Serves Greater Los Angeles County and Orange County. Private duty. Has special coast to coast service.

*Ages:* All ages.

*Cost:* Medicare certified.

*Other:* Referral network comprised of physicians, local hospitals, skilled nursing facilities, board and care, patients, families or interested persons or agencies. Once referral is received, patients' information is entered into database for the various services their physician has requested. Within 24-48 hours, a representative will be sent out to see patient.

**Rescare Homecare (Est. 1990)**

193 E. Hillcrest Dr., Suite 115

Thousand Oaks, CA 91630

866-737-2273

[www.rescarehomecare.com](http://www.rescarehomecare.com)

*Services:* Home Care-Givers Services specializes in 24-hour live in and hourly care. We service the entire South Bay (including Los Angeles) and Long Beach areas. Our mission is to preserve dignity, independence, and quality of life to aging loved ones who wish to live at home, while providing peace of mind to their families through the dedicated service of competent and caring professional caregivers. All caregivers are carefully screened and employees of the company. They are covered by worker's compensation insurance and bonded and liability insured.

*Ages:* All ages.

*Hours:* Office hours are Monday – Friday from 8:00am-5:00pm with 24 hour availability, 7 days a week.

*Cost:* Live in rates (24 hours) start at \$20.00/hour and hourly rates start at \$21.00

*Other:* We provide a FREE at home or hospital evaluation prior to initiating services.

### **Seniors Helping Seniors South Bay & Westside LA Home Care**

8939 South Sepulveda Boulevard, Suite #350

Los Angeles, CA 90045

310-878-2045

310-997-2057 (fax)

Email: [info@inhomecarela.com](mailto:info@inhomecarela.com)

*Services:* We provide a variety of senior home care services including Companionship, Alzheimer's and Dementia Care, Post-Hospitalization Care, Respite Care for family caregivers, 24 hour care, Personal Care (includes bathing/toileting assistance, grooming and dressing), Transportation, Mobility Assistance, Meal Preparation, Light Housekeeping, Pet Care and many more. All of our in-home care services are designed to help seniors in the South Bay & Westside of Los Angeles age with safety and independence in the comfort of their own homes.

*Ages:* Older Adults/Seniors

*Hours:* Our office is open 7 days a week from 8:00am-8:00pm. Service can be provided ANYTIME with only a minimum of 2 hours.

*Cost:* Rates start at \$18/hour and depend on services and number of hours. Long term care insurance and private pay accepted.

*Other:* We hire local active seniors who have a great deal of caregiving experience, wisdom, and passion for helping senior members of the community. As employees of our company, our caregivers are Bonded, Insured and Worker's Compensation covered. We start with a free in-home visit where we discuss, understand, and document the needs and expectations of our potential clients. We then create a personalized care plan that meets their individual goals and objectives. This visit is **FREE** and comes with **no obligation or long-term agreement**.

### **Spirit Home Health Care**

8929 South Sepulveda Boulevard, Suite 306

Westchester, CA 90045

310-641-4100

*Services:* Skilled Nursing, Home Health Aide, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Services. Serves all of Los Angeles County.

*Ages:* Medicare recipients

*Hours:* 24-hours, 7 days/week

*Cost:* Medicare Certified Agency

*Other:* Multi-lingual Staff

**T.L.C. In Home Care**  
South Bay/Palos Verdes  
310-251-2382  
Office hours: 7:00am-10:00pm  
[www.bountifulcare.com](http://www.bountifulcare.com)

*Services: In-Home caregivers. Like a Registry.*  
*Ages: Any*  
*Hours: Minimum 6 hours*  
*Cost: \$200.00/24 Hours*

**Torrance Memorial Home Health and Hospice**  
23326 Hawthorne Blvd.  
Home Health, Suite 100A  
Hospice Suite, 100B  
Torrance, CA 90505  
310-784-3739  
[www.torrancememorial.org](http://www.torrancememorial.org)

*Services: Home Health – by the visit skilled medical supportive services. Professional care is provided by nurses, physical therapists, speech pathologist, occupational therapist, medical social workers, and Home Health Aides.*  
*Ages: All ages.*  
*Hours: Office hours Monday- Friday 8:00am-4:30pm; 24 hour answering service.*  
*Cost: Medicare, Medical, Private Insurance*

**W.C.I.L. – West Side Center for Independent Living**  
12901 Venice Boulevard  
Los Angeles, CA 90066  
310-390-3611  
888-851-9245  
[www.wcil.org](http://www.wcil.org)

*Services: Personal Assistance Services, assistive technology for all disabilities, benefits advocacy, disability related information and referral, and placement services of consumers. Information and referrals including information on housing.*  
*Ages: 18 and up*  
*Hours: Call Monday & Thursday from 9:30am-12:00pm and 1:00pm-5:00pm, Walk-in hours: Monday-Thursday 9:30 to 12pm and 1:00 to 4:00 pm.*  
*Cost: Sliding scale based on income. No one is turned down.*

## OTHER RELATED INFORMATION SERVICES

### **A Place for Mom, Inc.**

Gail Barrick, Eldercare Advisor

310-961-2451

Email: [gailb@aplaceformom.com](mailto:gailb@aplaceformom.com)

Join “A Place for Mom’s Family” – the first online community website set up specifically for the families of aging loved ones to talk about eldercare. Find or share tips on moving mom or dad, legal matters, financial aid for Veterans, Alzheimer’s care, dementia, and so much more.

A Place for Mom, Inc. is a nationwide information service about eldercare options including nursing homes, assisted living facilities, adult family homes, independent living and home care agencies.

Facilities or agencies may be included in our service if they are appropriately licensed by the state in which they operate. If a participating facility informs A Place for Mom, Inc. that it has lost its license, for any reason, or if A Place for Mom, Inc. has received complaints of significant dissatisfaction by consumers which are documented and can be proved, the facility will be excluded from the A Place for Mom, Inc. information service.

A Place for Mom, Inc. does not own or operate any of the facilities or agencies to which it refers. In order to provide the information service to consumers at no charge, participating facilities or agencies pay a fee to A Place for Mom, Inc. Information about facilities or agencies is provided for each family based on the clinical, financial and geographic needs and preferences stated by the family or client. A Place for Mom does not endorse or recommend any facility or agency as we believe it is the consumer’s sole responsibility to select the appropriate care for a loved one or for oneself. The facilities which are provided are options to assist in finding the right care or housing. Families are encouraged to tour and ask questions of each provider to ensure they select the facility that bests meet their needs. A list of questions to assist you in the selection process is available from A Place for Mom, Inc.

**H.E.L.P. (Health and Elder Law Programs Corporation)**

1404 Cravens Avenue

Torrance, CA 90501

310-533-1996

[www.help4srs.org](http://www.help4srs.org)

*Services:* Older Adults have special concerns about government programs, legal issues, and care matters. Quite rightly they want to protect themselves and their homes, obtain good care, and have control over their futures. Families and friends want to and can help. An unexpected, unplanned-for-health program (i.e., stroke) is not only a health and personal crisis; it can become a financial management and protection crisis as well. H.E.L.P provides accurate, up-to-date, impartial, and advice on subjects older adults specially care about. We help older adults help themselves. And we help their families and friends help them. We provide information, planning, and problem public classes, private consultations, and printed publications offered as well through the internet. Call for further information.

**Home Health Depot (Est. 1999)**

2059 Pacific Coast Highway

Lomita, CA 90717-2604

800-811-2257

[www.hhd1.com](http://www.hhd1.com)

*Services:* Medical equipment for the home. Specializing in mobility and safety. Rentals and sales, powered and manual wheelchairs, electric scooters, walkers of all kinds, bath safety. We install grab bars!

*Ages:* All ages

*Hours:* Monday-Friday 9:00am-5:00pm; Saturday 10:00am-3:00pm

*Cost:* Rentals by the day, week or month, sale items vary

*Other:* Serves Los Angeles and Orange Counties

**HomeMedix**

3811 Atlantic Avenue  
Long Beach, CA 90807  
562-595-1153  
800-403-1010  
888-553-0051 (fax)

Home Medix is a home medical equipment company committed to providing quality home medical equipment and supplies along with reliable, professional delivery and service. Provides free delivery based on your specifications with minimum orders. In addition, we will contact the patient to schedule a delivery time. Our delivery technicians will set up all equipment and instruct the patient and/or caregiver on its proper use and any maintenance, if necessary. Most equipment orders placed before 10 AM can be filled the same day. All other orders need to be placed a minimum of one (1) business day prior to expected delivery/pick-up date. Please call our office if you have any questions.  
*Charges: \$25.00 Delivery fee or \$50.00 Set-up charge.*

**South Bay Home Health Care**

1349 El Prado Avenue  
Torrance, CA 90501  
310-618-9555  
800-464-3258  
Email: [info@myhealthcenter.com](mailto:info@myhealthcenter.com)  
[www.mobilitycare.com](http://www.mobilitycare.com)

Staff will assist in explaining, demonstrating, locating, and ordering any product that meets the needs for Home Health Care. Includes billing to Medicare and private insurance companies. Provides home healthcare products, rentals, repairs, patient education, product training, and more. Medical supplies and products include mobility products, compression support, bathroom safety, orthopedic care, incontinence, urological, and respiratory care aids.

## PERSONAL RESPONSE SYSTEMS

### **DirectLink Personal Emergency Response System**

24328 S. Vermont Ave., Suite 311

Carson, CA 90710

310-316-3568

310-697-3501 (fax)

**Services:** Direct Link is a Personal Emergency Response System (PERS), which allows you to reach help 24 hours a day, 365 days a year. If you need help, simply press the small, wireless button and our trained staff will take action based on your prior instructions. We will: Dispatch an ambulance when necessary, Have a neighbor check in on you in a non-emergency, Notify a family member of your situation or Call your doctor. Also provides in-home care.

**Cost:** No long term contracts or set-up fees are required. Can cancel anytime. Monthly rates apply. Call for special payment arrangements.

**Hours:** Office hours Monday-Friday from 9:00am-5:00pm (PST)

### **Medic Alert® Foundation**

800-432-5378

[www.medicalert.org](http://www.medicalert.org)

**Services:** MedicAlert is the original body worn medical ID. Founded by a physician in 1956, MedicAlert® has a 24-hour Emergency Response Service, which can relay critical medical information (such as medications dosages and family notification) to emergency responders (EMTs, Firemen, Emergency Room Physicians). MedicAlert® is a non-profit membership based organization with over 2.3 million US members.

**Ages:** All ages

**Hours:** Office hours Monday-Friday from 6:00am – 5:00pm (PST)

Emergency hours 24 hours/day 7 days/week

**Cost:** Call for accurate fees. A variety of stainless steel bracelets and pendants may be purchased. Shipping and handling fee may apply. Sponsored membership program for low or fixed income clients.

## **Response LINK / ALERT 1**

South Bay Customer Care Representative

1-800-894-1428 (business office)

[www.responselink.com](http://www.responselink.com)

*Services:* In the event of an emergency from virtually anywhere in the home, simply push the red “Emergency” button on the ResponseLINK base unit or on the **waterproof** wrist or neck pendant. Within seconds your emergency signal is received by a trained, caring, professional, at the ResponseLINK monitoring center, which is ready to provide quick and appropriate assistance. Whether you have a minor problem that only requires a neighbor to stop in or you need medical emergency assistance. ResponseLINK will make sure help is on the way. ResponseLINK is there for medical emergencies as well as to help user in any situation if they feel frightened or unsafe. Each service includes a personal profile, incident reporting family or medical teams, and unlimited service and support. NO equipment to buy. No long-term contracts.

SafetyLINK 24 hour emergency monitoring and free daily general reminders.  
All systems are personally installed by your local Customer Care representative.

*Cost:* As low as \$30.95/month with a free lock box. SafetyLINK is \$49.95/month. Free shipping and no cost for installation;

*Ages:* All ages

*Hours:* Customer Care Representative- 24 hours

Business office: Monday-Friday 6:00am-6:00pm (PST)

Monitoring center 24 hours; call for any questions regarding installation.